



Anne Wainscott  
678.352.0009  
[pr@annewainscott.com](mailto:pr@annewainscott.com)

Gideon Graff  
770-992-9218  
[gideon@shinui.biz](mailto:gideon@shinui.biz)

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***Percentage of Day's Proceeds to Benefit Northside Hospital Women's Center Community Education for Breast Self Exams***

(Oct. 10 2002) — In observance of National Breast Cancer Awareness Month, the Sprout Café Shinui Living Food Learning Center announced that it will host a breast cancer prevention panel comprised of medical and nutrition experts on Tuesday, Oct. 15, from 7 p.m. to 9 p.m. In addition, 25 percent of the proceeds from meals served Oct. 15 will be donated to the Northside Hospital Cancer Care Program for community education about breast self-exams.

“We want to reach out and let both the medical and general community know what they can do to prevent and heal cancers, and to become more aware of the incredible power of the living food diet to help prevent and even heal cancers,” said Sprout Café Co-owner Gideon Graff, who will moderate the panel.

The National Cancer Institute estimates that at least 35 percent of all cancers have a nutritional connection.

Panelists include Dr. Ralph Lev, MD and cardiac surgeon; Jackie Graff, RN, BSN, and living foods chef, Sprout Café; Dr. William Richardson, family practice MD; Dr. Iqbal Garcia, MD and surgeon, Northside Hospital; Alyson Antle, breast cancer survivor; and Dr. Joseph Collins, ND and author of *What's Your Menopause Type?*. In addition, Becky Bryant, RN, BSN from Northside Hospital, will be on hand to demonstrate breast self-exams.

The café is located at 1475 Holcomb Bridge Road, Suite 200, in Roswell, at the intersection of Old Alabama Road. For more information, call 770-992-9218.

The Sprout Café and Shinui Living Food Learning Center, based in Roswell, Ga., is dedicated to teaching and promoting the living foods lifestyle for mind, body and spiritual awareness. Living foods are fruits, vegetables, nuts, seeds and grains, prepared in a manner that does not destroy enzymes and nutrients. It is the only Atlanta-based living food restaurant, organic market and learning center. For more information, visit us online at [www.sproutcafe.com](http://www.sproutcafe.com).

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